

# Blue Access for Members<sup>SM</sup> Health Care at Your Fingertips

Blue Cross and Blue Shield of Texas (BCBSTX) helps you get the most out of your health care benefits with Blue Access for Members (BAM<sup>SM</sup>). You and all covered dependents age 18 and up can create a BAM account.

## With BAM, you can:

- use Provider Finder<sup>®</sup> to search for a health care provider, hospital or pharmacy
- request or print your ID card
- check the status or history of a claim
- view or print Explanation of Benefits statements
- use our Cost Estimator tool to find the price of hundreds of tests, treatments and procedures
- download the BCBSTX mobile app
- sign up for text or email alerts
- select or change your primary care provider

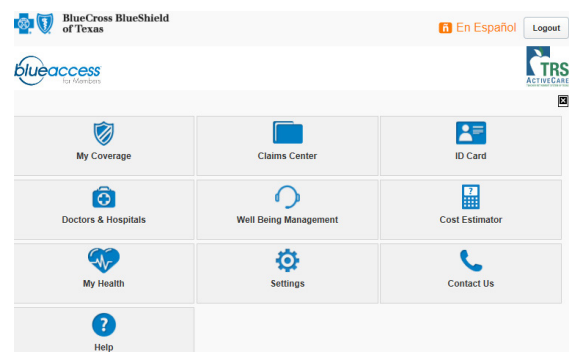


## It's easy to get started!

- 1 Go to [www.bcbstx.com/trsactivecare](http://www.bcbstx.com/trsactivecare)
- 2 Click **Log in**
- 3 Use the information on your BCBSTX ID card to sign up

Or, text\* **BCBSTXAPP** to **33633** to get the BCBSTX app that lets you use BAM while you're on the go.

### BAM Dashboard



\*Message and data rates may apply.

Blue Cross and Blue Shield of Texas, a Division of Health Care Service Corporation, a Mutual Legal Reserve Company, an Independent Licensee of the Blue Cross and Blue Shield Association

# Download the BCBSTX App!

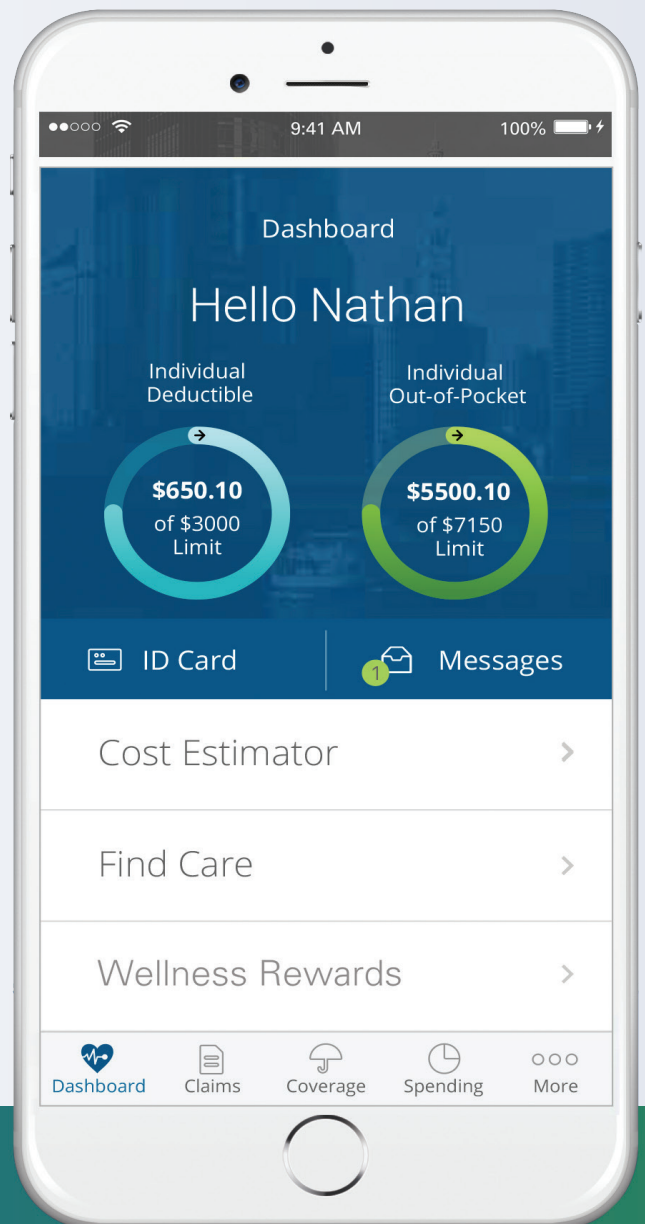
Stay connected with Blue Cross and Blue Shield of Texas (BCBSTX) so you can easily get to your TRS-ActiveCare health plan information, wherever you are.

Also available in Spanish

- View and email your member ID card.
- Find an in-network doctor, hospital or urgent care facility.
- Access your claims, coverage and deductible information.
- Download and share your Explanation of Benefits.
- Get push notifications and access to the Message Center.

Text\* **BCBSTXAPP** to **33633**  
to get the app.

\* Message and data rates may apply. Terms and conditions and privacy policy at [bcbstx.com/mobile/text-messaging](http://bcbstx.com/mobile/text-messaging).



Questions?

Call a Personal Health Guide at **1-866-355-5999**, anytime.